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K-States "16 Goals" Go Back To Snyders Youth

By Mark Janssen
K-State Sports Information

To the eye, they read so simple ... almost generic. To the ear, they sound so simple ... almost generic.

But Kansas State football coach Bill Snyder insists that when the Wildcats have enjoyed their most success, it has come in years when the highest percentage of players dialed into the "16 Goals for Success."

Like in 2011 and again in 2012.

Simplistic words like: commitment, unity, unselfishness, enthusiasm, responsibility, improve. Generic phrases like: great effort, never give up, expect to win, no self-limitations, and so on.

Lumped together, and bought into, Snyder summarizes, "If each player achieves each of these goals, we, as a team, will always be successful."

Snyder declines to accept invention of his pet words/phrases, but instead says, "They come from my mother (Marionetta). The foundation comes from how she raised me, and what she meant to me. How you buy into those values is who you are."

Growing up in a single-parent home in St. Joseph, Mo., Snyder said, "My mother was a stickler for having everything in its proper place and doing things right. Our apartment wasn't much, but it was always clean. It was small enough that when my area was a mess, then her area was a mess. There wasn't my space and her space. It was our space."

He would add, "She worked hard. If my work ethic came from anyone, it came from my mother."

Coming to K-State from the University of Iowa in 1989, Snyder said, "Did we have the 'Hawkeye Rules for Success? No, but I would guess that any teacher and any coach addresses those areas in their own way without necessarily giving them a name."

No matter the profession, Snyder said, "When you're taught how to become successful, the areas where we focus our attention are going to be mentioned, or at least some of them will be."

It was at a gathering of Golden Cats that former offensive lineman Russ Stange told how his son had the '16 Goals' on his bedroom wall. And it was during a summer day that a Kansas City realtor dropped by the football office and told Snyder that she had the '16 Goals' posted on the desk of each of her associates.

Snyder is the first to admit that the '16 Goals for Success' are no more than words on a piece of paper ... unless they are put to work. Easily, he says, "They are words that pretty soon can go in one ear and out the other unless totally stressed every single day."

For that reason, not only does the Wildcat football team hear Snyder verbalizing the '16 Goals,' but they are printed on small cards to be carried at all times. They are posted on the locker room walls, and they are a focus item on each player's playbook.

"We want them to be in front of the players at all times," said Snyder. "We don't want it to be hit and miss."

But in reality, Snyder says, "The question is whether the players abide by them and use them in their life. I don't make that happen, but they do. It's up to them whether to place an importance on these particular values. If they don't, they're just words on a piece of paper. The important thing is not the words, but how the words are represented."

The '16 Goals for Success' have never been talked about more than with last year's K-State team that was picked to finish eighth in the Big 12, but ended up winning 10 games, playing in the Cotton Bowl and being ranked as high as No. 8 in the nation.

"Did they place a greater emphasis on them than past teams? I can't



Coach Snyder during the Texas Game. (Photo by Ben Brake)

answer that," said Snyder, "but they did put a great team of emphasis on them."

This year K-State was picked to finish sixth in the Big 12. Today the Wildcats are ranked No. 5 in the BCS poll and headed to the Fiesta Bowl on Jan. 3 to play Oregon.

It great part, the successes have come through Snyder's daily emphasis on the '16 Goals' to the point of giving tests.

"Tests are given on a regular basis, which can be as simple as to list the goals in our order," said Snyder. "They are a constant point of emphasis in the program."

That order starts with COMMITMENT because "... it unifies the whole structure." But he adds, "By and large, the set of values are all equal."

Of introducing the goals to a particular team in a particular year, Snyder says, "For new players it's a process of, 'OK, here they are.' For a second

year player, it's, 'You've heard this before, but here they are again.' For third- and fourth-year players, they should be memorized."

Former linebacker Brooks Barta once said of the emphasis Snyder puts on the goals, "He can talk for hours on each one of them. I think the first night of camp we got through maybe four or five of them and it didn't change through the years. He could talk forever on them."

Snyder admitted that there is an occasional here we go again roll of the eyes, but he adds, "That's from a player who hasn't realized the importance. When you have a belief you don't see the roll of the eyes."

In explaining the reason for their importance, the Wildcat coach says, "I am charged by families to be a father, a mentor and a teacher to young people. These are lessons of life that will help you on the field, but also off the field in life."

THE WILDCAT 16 GOALS FOR SUCCESS

Commitment ... to common goals and to being successful

Unselfishness ... there is no 'I' in

TEAM Unity ... come together as never before

Improve ... every day as a player, person and student

Be Tough ... mentally and physically

Self-Discipline ... do it right, don't accept less

Great Effort

Enthusiasm

Eliminate Mistakes ... don't beat yourself

Never Give Up ... never ... never ... never

Don't Accept Losing ... If you do so one time, it will be easy to do so for the rest of your life

No Self-Limitations ... expect more of yourself

Expect To Win ... and truly believe we will

Consistency ... your very, very best every time

Leadership ... everyone can set the example

Responsibility ... You are responsible for your own performance

If each player achieves each of these goals, we, as a team, will always be successful.

How Fossil Fuels Saved Humanity

By Indur M. Goklany
The Cato Institute

For most of its existence, mankind's wellbeing was dictated by disease, the elements and other natural factors, and the occasional conflict. Virtually everything it needed — food, fuel, clothing, medicine, transport, mechanical power — was the direct or indirect product of living nature.

Good harvests reduced hunger, improved health, and increased life expectancy and population — until the next inevitable epidemic, crop failure, natural disaster, or conflict. These Malthusian checks ensured little or no sustained growth in population or well-being.

Then mankind began to develop technologies to augment or displace living nature's uncertain bounty. Gradually food supplies and nutrition improved and population, living standards, and human well-being advanced haltingly. The Industrial Revolution accelerated these trends. Mankind broke its Malthusian bonds. Growth became the norm. Population exploded, along with living standards

and well-being.

Technologies dependent on cheap fossil fuels enabled these improving trends. Nothing can be made, transported, or used without energy, and fossil fuels provide 80 percent of mankind's energy and 60 percent of its food and clothing. Thus, absent fossil fuels, global cropland would have to increase by 150 percent to meet current food demand, but conversion of habitat to cropland is already the greatest threat to biodiversity. By lowering humanity's reliance on living nature, fossil fuels not only saved humanity from nature's whims, but nature from humanity's demands.

Key to these developments was that these technologies accelerated the generation of ideas that spawned even better technologies through, among other things, greater accumulation of human capital (via greater populations, timeexpanding illumination, and time-saving machinery) and faster exchange of ideas and knowledge (via greater and faster trade and communications).

K-State Makes Season's First Appearance in AP Top 25

K-State Sports Information

Fresh off an upset of No. 8/9 Florida, Kansas State made its first appearance in The Associated Press Top 25 on Monday checking in at No. 25 with 152 points.

In addition to the No. 25 ranking in the AP poll, K-State (9-2) received the third-highest point total (22) among teams receiving votes in the USA Today Coaches Top 25 poll. It is the first ranking of the season for the Wildcats and the first since coming in at No. 22 on Jan. 23, 2012. The program has now been ranked at least one week in each of the last four seasons, a feat which has not happened since doing it six straight years from 1972-78.

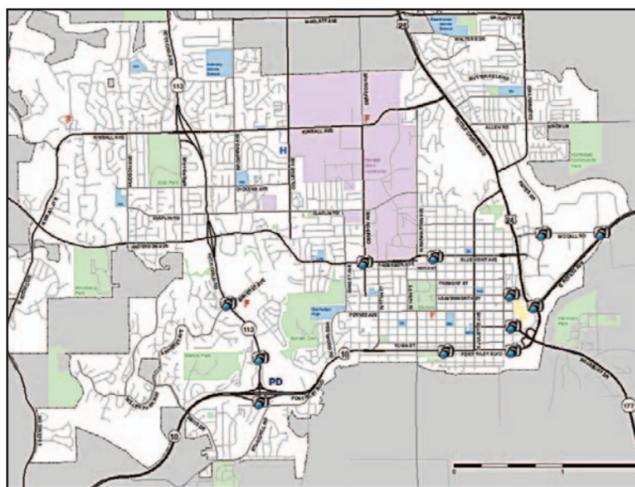
Earlier in the day on Monday, senior Rodney McGruder earned Phillips 66 Big 12 Player of the Week honors for the second time in three weeks after helping the Wildcats to wins over Texas Southern and No. 8/9 Florida last week. He averaged a team-best 19.5 points on 55.2 percent shooting (16-of-29) with 4.0 rebounds, 3.0 assists and 1.5 steals in 36 minutes per game.

The 67-61 win over No. 8/9 Florida in the Hy-Vee Wildcat Classic was the first regular-season, non-conference Top 10 victory since knocking off No. 8 Minnesota at home, 62-52, on Dec. 21, 1981. Overall, it was just the 12th non-conference Top 10 win in school history, including the seventh in the regular season.

The Wildcats conclude non-conference play with two home games in a three-day span against UMKC (4-8) on Saturday, Dec. 29 and South Dakota (5-8) on Monday, Dec. 31 before opening the Big 12 schedule against No. 22/22 Oklahoma State (10-1) on Saturday, Jan. 5.

Tickets for all three games are still available for as low as \$20 each, while fans can purchase four or more general admission tickets for \$15 each with a group rate of \$10 each for 12 or more tickets. Fans can also watch all three games for only \$40 with the Holiday Mini-Plan, which includes a general admission ticket to the UMKC, South Dakota and OSU games. Tickets can be purchased at (800) 221.CATS or online at www.kstatesports.com/tickets.

How's The Traffic? Check The City Map



The City of Manhattan has created an interactive road conditions map to assist in traveling during inclement weather. The map, featuring 12 traffic cameras, is now available to provide current road condition images to residents. The map is designed to give travelers an opportunity to plan their routes accordingly and to offer a better insight to existing conditions. Images on the map are automatically uploaded and refreshed at 5-minute increments. Simply hover over the camera icons and a pop-up window will appear featuring the designated viewpoint. See the interactive map here, <http://www.cityofmanhattan.info/TrafficImages/mhkroadcams.html>



Conservatives Stand Their Ground

By Rob Bluey
Heritage Foundation

"When you can't make them see the light, make them feel the heat."

President Ronald Reagan's sound advice rang true yesterday. Grassroots activists and conservative groups, led by Heritage Action for America, derailed a plan to raise taxes on some Americans and small businesses.

Lacking votes from his own party, Speaker John Boehner (R-OH) called off consideration of "Plan B" last night, sending lawmakers home for Christmas instead. When the dust settled, conservatives stuck to their principles: to cut spending without raising taxes.

When they return to work, all eyes will be on President Obama and Senate Majority Leader Harry Reid (D-NV). Their failure to act has left the nation on the brink of the fiscal cliff.

It didn't have to come to this. Nearly five months ago, on August 1, the House of Representatives voted to prevent a tax hike on all Americans. The measure passed on a 256-to-171 vote, winning the support of 19 Democrats.

Meanwhile, as Obama divided the country with his class-warfare campaign, Reid sat idle.

Heritage's Patrick Louis Knudsen, the Grover M. Hermann Fellow in Federal Budgetary Affairs, wrote last month about the Senate's failure to act:

Although the House passed legislation this year replacing



President Obama and Senate Majority Leader Harry Reid (D-NV) have not passed a budget in 4-years.

the across-the-board cuts with specific policy changes, the Senate refused to act, forcing any resolution to wait until after this year's election. Now this large problem joins with other unresolved issues, such as the "doc fix" (extending Medicare physicians' payment rates) and extended unemployment benefits—and another debt-ceiling increase looms early next year as well.

Now there are just 11 days left before Americans face a massive slate of tax hikes and reckless defense cuts. The fiscal cliff will affect all American taxpayers, with an average increase of more than \$4,100 in taxes.

This is unacceptable.

Reid could have brought the House-passed measure to the Senate for an open debate and

vote. He could have instructed Senate Budget Chairman Kent Conrad (D-ND) to produce a budget. Instead, Reid did neither. The Senate has now gone 3 years, 7 months, and 22 days without a budget.

Boehner, who oversaw passage of Republican-drafted budgets in 2011 and 2012, was right to place blame on the Senate for failing to act:

Now it is up to the president to work with Senator Reid on legislation to avert the fiscal cliff. The House has already passed legislation to stop all of the January 1 tax rate increases and replace the sequester with responsible spending cuts that will begin to address our nation's crippling debt. The Senate must now act.

Heritage Action, our sister organization, has urged law-

makers to remain true to their principles. Earlier this week at a Capitol Hill press conference, Heritage Action chief executive Michael Needham led a group of conservative leaders, including Representative Tim Huelskamp (R-KS), to voice opposition to a tax increase.

In a statement last night, Needham commended the House for acting months ago and urged Obama and Reid to "reject the political gimmicks and demonstrate that same level of seriousness."

Throughout the fiscal cliff negotiations, Obama has demonstrated a lack of seriousness. Heritage's Alison Acosta Fraser recounted earlier this week that Obama initially wanted an \$800 billion tax increase, only to later double that demand to \$1.5 trillion. His plan lacks any substantive spending cuts, insisting on tax hikes first. And to top it off, the more concessions Republicans have made, the more Obama wants to take from the American people.

Enough is enough.

Conservatives stood their ground last night and sent a powerful message. Now it's time for lawmakers to take the "least repugnant remaining resolution to the fiscal cliff," as Heritage's J.D. Foster wrote earlier this week, and pass a temporary measure that extends all tax rates and all spending policy without sequestration cuts through March 31, 2013.

That's the best possible outcome in this unfortunate situation.

Jason Skyler Harper

Jason Skyler Harper, age 26, died Thursday December 20, 2012 as the result of a car accident in Geary County, Kansas.

He was born on February 21, 1986 in Manhattan, the son of Skyler and Kristi (Hardman) Harper. Jason graduated from Manhattan High and later Kansas State University with a Bachelors Degree in Fine Arts. He was currently working on his Masters of Fine Arts from the University of Indiana.

He was married to the love of his life, Jillian Davidson, on July 12, 2009 in Manhattan, Kansas.

Jason had a passion for art since he was a young child, being in the art classes for the Manhattan Parks and Rec. program to teaching that same program as a young adult. He won the National Award of Excellence for Ceramics Undergraduate division and was featured in the Ceramics Monthly Magazine for that accomplishment. Jason also enjoyed being in Bible Study classes during middle school and high school and learning about his Lord. Jason surprised everyone with getting a dog, Harley and loving him dearly.

Above all, Jason had a deep love for his wife and family.

Preceding him in death were his maternal grandparents: Shirley and Herchel Hardman.

Survivors include his wife: Jillian of the home; his parents: Skyler and Kristi Harper of Manhattan, KS; a sister: Kara Silfies and her husband Elisha and their children: Kaley and Carter of Hillsboro, OR; paternal grandparents: Gordon and Joan Harper of Broomfield, CO and many cousins, aunts, uncles and many friends.

Funeral Services were held at 2:00 p.m. Wednesday

December 26, 2012 at the Westview Community Church, Manhattan, Kansas with Pastor Pat Bennett officiating. Interment followed in the Sunrise Cemetery, Manhattan.

Memorial contributions may be made to the Jason Harper Memorial Fund in care of the Yorgensen-Meloan-Londeen Funeral Home 1616 Poyntz Avenue, Manhattan, Kansas 66502.

Online condolences may be left for the family through the funeral home website at: www.ymlfuneralhome.com.

Helen Mane Tittel

Helen Marie Tittel, 95, of Manhattan, passed away Tuesday, December 18th, at Meadowlark Hills Retirement Community.

Helen was born in Great Bend, Kansas on November 9, 1917, daughter of the late Harriet Ellen (Todd) and James C. Brown. She grew up in Great Bend, attended the local schools and graduated from beauty school in Wichita. On April 9, 1939 in Clay Center, Kansas, Helen married William

Frederick Tittel. He preceded her in death on June 12, 2002. William and Helen lived many places together and moved to Manhattan in 1982.

She was a member of Sedalia Community Church.

Survivors include daughter, Judy Woodworth and husband Herb, of Manhattan, Kansas; son, Gary Tittel and wife Connie, of Wakefield, Kansas; brother, Leon Brown of Shawnee Mission, Kansas; 5 grandchildren, 7 great grand-

children and 2 great great grandchildren.

Helen was preceded in death by her parents; her husband, William F. Tittel; brother, Chester F. Brown; sisters, Sylvia McMahan, Patricia Barlow, Tressa McDonald; and great granddaughter, Ashleigh L. Ruthstrom.

The funeral service were held at Sedalia Community Church, Manhattan, Kansas, at 10:30 am on Friday, December 21st, with Kevin Larson offici-

ating. Irvin-Parkview Funeral Home & Cremation were in charge of services

Burial will follow at Sedalia Church Cemetery, Manhattan, Kansas

Memorial contributions may be made to Sedalia Community Church 6040 N 52nd St, Manhattan, Kansas 66503.

For more information or to leave an online condolence, visit irvinparkview.com or Facebook.

Marilyn A. Meloan

Marilyn Ann Meloan, age 81 of Manhattan, Kansas, died December 21, 2012 at the Good Shepherd Hospice House in Manhattan.

She was born on January 27, 1931, in Burlington, Iowa, the daughter of Paul Theodore and Laura Ann (Janssen) Berges.

Marilyn was raised in Burlington, Iowa where she attended local schools graduating from Burlington High School in 1948. She then attended business school prior to going to work for the Farmers and Merchants Bank in Burlington and as a secretary for the Superintendent of Schools.

On September 1, 1957, she was united in marriage at the First United Church of Christ in Burlington, to Clifton Edward Meloan. They moved to Lafayette, Indiana while her husband finished his PhD in Chemistry at Purdue University. In 1959, they moved to Manhattan when her husband accepted a position with the Chemistry Department at Kansas State.

Marilyn was a loving and devoted homemaker. After her

children were grown she went to work in sales including Avon and Sarah Coventry and later was a sales clerk for Arbutnot's Hallmark and the Country Gift Store all in Manhattan. Her true love was her family, especially her grandchildren and great grandchildren. She absolutely adored all children and was an advocate of any program that helped children, especially those in need. In the 1970's she was a Welcome Wagon Hostess bringing baskets of gifts donated by local merchants to mothers of newborn children. When her sons were in scouts she served as a cub scout Den Mother.

A natural artist she followed her passion in all types of art-work including sculpting and residential interior design. On weekends she enjoyed going to open houses not only in Manhattan but in other cities to see the latest trends. Marilyn was a gifted vocalist and sang at many weddings in her younger years and enjoyed playing the piano. Marilyn and her husband traveled extensively throughout the United States,

including Hawaii and had traveled abroad throughout Europe. She and her husband were honored to be able to accompany their longtime friend and world renowned glass blower Mitsugi Ohno to Japan in 1992, to present a blown glass replica of the Himeji Castle to Japanese Emperor Akihito and Empress Michiko. This work of art now resides at the Imperial Palace in Tokyo.

Marilyn was a former member of the First United Church of Christ in Burlington and upon moving to Manhattan became a member of the First United Methodist Church.

She is survived by her husband, Dr. Clifton E. Meloan, of the home, and by three children: Michael Barton Meloan and his wife Janice; Lenexa, Kansas, Douglas Paul Meloan and his wife Elaine, Manhattan, Kansas and Victoria Ann Cromer and her husband Gary, Jr. of Olathe, Kansas. She is also survived by six grandchildren: Mindy Batenhorst, Jonathan Meloan, Julie Meloan, Dane Meloan, William Cromer and Rebecca Cromer and two-great grandchildren:

Avery Meloan and Brody Batenhorst. She is also survived by numerous extended family members whom she dearly loved.

Marilyn was preceded in death by her father in 1968 and by her mother in 1990.

Funeral services will be held 2:00 P.M. Thursday, December 27th, at the First United Methodist Church, 612 Poyntz Avenue, Manhattan, KS with Pastor Melanie Martin officiating.

Graveside services will be held Saturday, December 29th at the Aspen Grove Cemetery in Burlington, Iowa. On-line condolences may be left for the family through the funeral home website located at www.ymlfuneralhome.com.

Memorials have been established for First United Methodist Church Children's Education Building Fund or Good Shepherd Hospice House. Contributions may be left in care of the Yorgensen-Meloan-Londeen Funeral Home, 1616 Poyntz Avenue, Manhattan, Kansas 66502.

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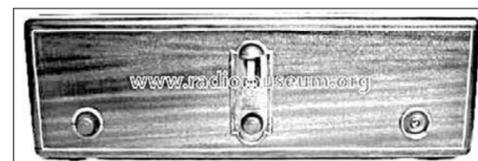


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By Peter Weiss M.D., F.A.C.O.G.,

Doctors Will Learn To Dance To A New Song

Obama won, Obamacare is the law, and, as my wife says, I will just have to learn to dance to a new song.

Now, don't get me wrong, Obamacare is awful. Forget all the "free stuff" it provides. Children covered on their parents' plan until 26 years of age? A scam, making young adults — excuse me, children — pay for complete, comprehensive health insurance when all they need and should pay for is major catastrophe insurance. Then there is the "annual" or "preventative" exam, which according to Obamacare is "free."

You gotta love this stuff. I wish I had the chutzpah of the people who wrote Obamacare. What they did not tell you, and I am, is that it covers absolutely nothing more than the bare minimum.

I have now posted a notice in my office and each exam room stating exactly what

Obamacare will cover for those yearly visits. Remember Obama promised this as a free exam — no co-pay, no deductible, no charge. That's fine and dandy if you are healthy and have no complaints. However, we are obligated by law to code specifically for the reason of the visit. An annual exam is one specific code; you can not mix this with another code, say, for rectal bleeding. This annual visit covers the exam and "discussion about the status of previously diagnosed stable conditions." That's the exact wording under that code — insurance will not cover any new ailment under that code.

If you are here for that annual exam, you will not be covered if you want to discuss any new ailment or unstable condition. I cannot bait and switch to another code — that's illegal. We, the physicians, are audited all the time and can lose our

license for insurance fraud.

You, the patient, will then have to make a decision.

Do you want your "free" yearly exam, or do you want to pay for a visit which is coded for a particular, new problem? You can have my "free" exam if you only discuss what Obamacare wants me to discuss.

This happened to me personally, as a patient, when I went for my physical. It is the law. If you are complaining of a new problem, then you have to reschedule, since Obamacare is very clear as to what is covered and what is not. Obamacare — intentionally — makes it as difficult to be seen and taken care of as possible.

Patients can be very tricky. I have had patients make an "annual" exam, only to want to discuss and be treated for another ailment. I can't do it.

I can hear the complaints from you guys already — I

become the bad guy. "Why don't you just take care of the problem, and not bill out any different code? You're a rich doctor, and we are entitled to free stuff."

It doesn't work that way. First, doctors are not rich and, like most of you, actually work terribly hard for a living. Second, Obamacare is the law — and as I said earlier, we are audited all the time now.

Also — I don't ask for free gas when I go to the gas station, or ask for free food from the supermarket. Additionally, Obamacare has a 23% cut in Medicare reimbursement to doctors and hospitals.

These lower payments won't cover the cost of staying in practice to take care of the patient.

Private doctors are becoming a thing of the past. By 2014, less than 25% of physicians will be in private medicine. Obama was right in stating you

can keep your doctor if you want to — the problem is he or she will rarely be available.

On top of all of that, doctors will be obligated — that's right, obligated — to talk to you about things you may have no interest or need to talk about.

You may just want to have a pap smear or check your cholesterol. However, I am now mandated by the government to talk to you about your weight, exercise, family life, smoking, sexual abuse(!), and even to ask if you wear seat belts. And I am mandated to record your answers.

I am a physician. But I need to tell you to wear a seat belt and then record your answer.

I have received interesting responses from my patients since I put up the notice. Almost all are supportive and totally understand. The very few who complain? The same patients who always ask for free samples, who always com-

plain that we do not validate parking. These are also the same patients who call my office and ask for free samples even when they are not even being seen.

Obamacare and its 2,000-plus pages are here to stay. I will still give my patients 100% of my time, energy, and knowledge. I still love being a doctor — my patients' doctor. I will, however, abide by the law and follow it to the letter. I will have to learn this new dance. "Free" has its price.

Peter Weiss M.D., F.A.C.O.G., is Director and Founder of The Rodeo Drive Women's Health Center. He is also Assistant Clinical Professor of OB/GYN at The David Geffen School of Medicine at UCLA. He was health care adviser to John McCain's presidential campaign. Dr Weiss is an Attending physician at Cedars Sinai and St Johns Health Centers

Over Easy... by Bob Strawn

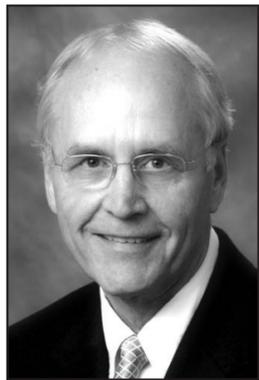
So, did you catch this Riley County "floater" in Manhattan's daily newspaper last week?

"Currently, county offices — including the county office building, the building housing the commission itself, the Carnegie building and the Riley County Courthouse — encompass 60,805 square feet of space. But in 20 years, the study estimates that the county will need around 111,322 square feet of space, a difference of 50,517 square feet."

I suspect the county commission and staff are "floating" this idea to get community reaction before moving it, like the next big-government locomotive, further up the expense line. It seems the county wants to buy a church behind the court house, tear it down, and build a spanking new monument to government redundancy. And are we surprised that a county government funded study would come up with this more-is-better finding?

Anyway, our first reaction to the article was to ask a simple question. Does this mean the county staff and their accoutrements will double in size over the next two decades? Why?

Or maybe Riley County plans on consolidating with



Bob Strawn

Pott or with the city itself, thus the need for doubling its space? Now, there'd be a novel and refreshing idea, consolidation. But don't expect county staff and their current commissioners to ever suggest such nonsense.

Now, Mayor Loren Pepperd has floated the idea. He feels the time is approaching for a consolidation discussion, particularly with a philosophical change coming to the county commission, from mostly liberal to mostly conservative, resulting from the election of two new commissioners last November. We agree with the good mayor. But will the incoming commissioners?

Folks, consolidation of city/county governments would

give us the opportunity to make local government more efficient, economical, equitable and accountable. Services provided now, like public works, would operate out of one plant, under one management team, providing like services across the county. And a single government system would be far more accountable than what we have today, when the county provides little to nothing within the city boundaries. Plus, and perhaps most importantly, it would give us one strong voice when dealing with issues of economic development and growth of the tax base.

For evidence, look no further than at the RCPD, our police department. (Pun intended.) Consolidation works already and has for decades. Other than a goofy oversight system, the RCPD Law Board, our cops provide a high level of service at a competitive price. A department that in my view would be even better under a single government system, e.g. no need for a law board. Director Brad Schoen would report directly to the elected body or to its city/county manager, just as the fire chief does today.

So, this is not new stuff we're proposing. And yes, there are good arguments sug-

gesting that consolidation is not all that proponents claim. But is it logical to have all this duplicity here in Riley County to serve just 71,000 people, 75% of whom live in Manhattan, and a third of them being students who actually don't live here at all? Please, we have a county of maybe 55,000 fulltime residents. This is not like dealing with the hugely successful consolidation of 155,000 in Wyandotte County, KS. This is not like Indianapolis merging a million in Marion County 40 years ago. This is actually pretty small potatoes by comparison.

It seems prudent to us that rather than funding studies bent on increasing the size and scope of local county government, we should be studying how to make local government more efficient and effective. The reality is that more and bigger buildings only harden the institution's foundation. Isn't it time now to dispense with this bricks & mortar approach, and for once take a hammer & chisel look at this ever-growing behemoth?

Hopefully, incoming county commissioners Bob Boyd and Ron Wells read this column and consider the merits. Mayor Pepperd's ideas deserve consideration. Start a discussion now about a consolidation study. The question is pretty simple - would we all be better served by one governing entity?

Walk Kansas Set to Begin March 17

Now is the time to mark your calendar — and get ready to dust off your walking shoes.

K-State Research and Extension has announced March 17 to May 11 as the dates for the 2013 edition of Walk Kansas, its annual eight-week fitness challenge.

The springtime offering has become a perennial activity with many in Kansas, said Sharolyn Jackson, state program coordinator, who noted that the team approach is appealing because the goal is shared.

Walk Kansas challenges teams of six to log regular physical activity equivalent to walking the 423 miles from the state's east to west borders.

Choosing to do it together allows team members to do something that most could not do alone, said Jackson, who noted that the program, which will begin its 12th year, is intended to encourage inactive individuals to add enjoyable,

health-promoting physical activity to their everyday lives.

There's no need to join a gym. Most people like to walk in their neighborhood or near their workplace during a lunch hour or break, said Jackson, who added that Walk Kansas is becoming increasingly popular as a workplace wellness program.

The program also remains popular with friends, neighbors and families because they can do it together, she said.

The fact that participants can add physical activity at a time and place that works with them also is a plus, said Jackson, who noted that walking for 15 minutes twice a day can be just as effective as a longer workout in achieving 30 minutes of physical activity five or more days a week.

Many who participate begin to realize benefits — more restful sleep, greater ability to manage stress, increased energy level, improved muscle tone, drop in blood pressure are examples — fairly soon.

Walk Kansas is offered in each of Kansas 105 counties.

Questions Remain Unanswered

By Travis Perry
Kansas Watchdog
OSAWATOMIE

The Kansas Sexual Predator Treatment Program could face another audit, even though the Larned State Hospital program and the state Department of Corrections have yet to address at least one issue found by auditors some seven years ago.

Recent scrutiny of some state lawmakers has placed the Larned program back into the spotlight after a pair of legislative committees asked the state conduct a second performance audit.

Republicans Carolyn McGinn, chair of the Senate Ways and Means Committee, and Marc Rhoades, chair of the House Appropriations Committee, expressed concern over the expanding population of sexual predators living at Larned, saying low release rates suggest the program isn't effective in rehabilitating offenders.

But a 2005 audit of the Larned SPTP highlighted the apparent lack of faith officials have in the state's other sex-offender treatment program, orchestrated by the DOC. At the time, auditors said just more than half of the 156 individuals in the Larned program had gone through some kind of previous program while serving out their prison sentences.

"Program officials told us that completion of the treatment program in prison generally has no impact on — and shouldn't be used as an indicator of — how well a resident will progress in the Sexual Predator Treatment Program," the audit said.

The DOC program is contracted to the Lenexa-based company Clinical Associates, which uses a mix of evidence-based therapy techniques to decrease an offender's risk to the community and increase pro-social behavior. While SPTP therapy methods aren't much different, the sticking point is the level of expectation.

"To complete the prison program, an offender only has to demonstrate a desire to change," the audit stated. "To complete the Sexual Predator Treatment Program, residents have to demonstrate that they have changed and can control their thought processes."

Information on the number of people now in the Larned program who have completed

the DOC program was not immediately available.

Jeremy Barclay, DOC communications director, defended the department's process and said the program works, but some offenders are more difficult to reach than others.

"Ours is, as you put it, doing its job. The difference there is you're talking about individuals who are assessed to have a clinically longer need of treatment than what we're setup to provide," Barclay said, noting that it takes about four to nine months to complete the program.

"You're looking at a longer term issue than the treatment we're providing," he said.

Statistically, Barclay said only 3.5 percent of released Kansas sex offenders will commit another offense.

While the Larned program is designed to take about seven years to complete, only three individuals have been released since the program began in 1994. The rest either fail to move through each step of the program, or they refuse to participate. Convicted sex offenders who have completed their prison sentences can be civilly committed to the program if a judge deems them a continuing threat to the community, but they cannot be forced to undergo treatment.

Cliff Voelker, director of the Larned program, declined to comment on the matter, and instead directed Kansas Watchdog to Angela de Rocha, communications director for the Kansas Department of Aging and Disability Services.

Rocha said her department didn't keep track of Larned offenders who have also completed the DOC program, but acknowledged that there are many such individuals involved in the SPTP. She noted that this doesn't mean the DOC program is ineffective, but declined to comment further on another agency's program.

Rocha added that, at this time, the system can't be changed to avoid duplicate treatment; sex offenders must be processed through the DOC and its own treatment program before transitioning to Larned.

Since 2005, funding of the Larned SPTP has increased by about \$5.2 million, to \$12.7 million total. In that same time period, funding for DOC sex offender programs has increased by \$274,400 to about \$1.7 million.

Ann Hess Wins Flint Hills Annual Spelling Bee

Flint Hills Christian School held its annual Spelling Bee Tuesday, December 18. Two students from each class, grades third through eighth, competed.

Representing the third grade were Hannah Trechter and Michaela Crow. Rachel Featherstone and Michael Dunaway competed for the fourth grade. The fifth grade featured Ann Hess and Jeremiah Darey. Elizabeth Dunaway and Kia Wilson were the sixth grade participants. Joshua VanBecelaere and Josh Ward represented the seventh grade. Finally, for the eighth grade, Amanda Dillon and Briana Blankley competed.

The winner was Ann Hess, and runner-up was Michaela Crow. Hess won on the word



Ann Hess

tentacle. She will now go on to compete in the Pottawatomie County Spelling Bee on January 19, 2013, at St. Marys High School.

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"Were it left to me to decide whether we should have a government without newspapers or newspapers without a government, I should not hesitate a moment to prefer the latter."
- Thomas Jefferson, 1787



Riley County Commission Minutes

The Board of County Commissioners Of Riley County, Kansas

The Regular meeting of the Board of County Commissioners met at the Riley County Plaza East Building December 13, 2012 with the following members present: Alvan Johnson, Chair; Dave Lewis, Vice Chair; Karen McCulloh, Member; and Rich Vargo, County Clerk.

8:30 Public Comment & Business Meeting

Monty Wedel, Planning/Special Projects Director; Johnette Shepek, Budget and Finance Officer; Craig Cox, Assistant County Counselor; Laura Monsanto, KMAN; Leon Hobson, Public Works Director/County Engineer; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Cindy Kabriel, Administrative Assistant II; Maura Wery, Manhattan Mercury; and Ron Wells, attended.

Lewis discussed the Metropolitan Planning Organization (MPO) meeting.

Lewis stated Fort Riley has taken the lead in developing an intergovernmental group meeting to explore ways to cooperate in purchases and services on a regional basis included are representatives from Manhattan, Riley County, Junction City, and Geary County.

McCulloh stated the Regional Planning Organization is putting together a reception for Ty Warner, Executive Director, Regional Planning Organization. McCulloh asked if the Board would approve a \$75.00 expenditure for the reception.

Lewis moved to approve a \$75.00 expenditure from the Board of County Commissioners budget for Ty Warner's reception. McCulloh seconded. Carried 3-0.

Lewis moved to approve "Resolution No. 121312-61, A Resolution establishing Planning and Development fees for Riley County, Kansas." McCulloh seconded. Carried 3-0.

Lewis moved to sign a Riley County Capital Improvement Program, Certification of Project Amendment for a roadside mower tractor for the Noxious Weed department in the amount \$96,024.00. McCulloh seconded. Carried 3-0.

The Board of County Commissioners signed a Riley County Personnel Action Form for Curtis Flaming, a Seasonal Laborer, in the Parks Department, for Separation from County Service, effective December 21, 2012.

Lewis moved to sign re-appointment letters and "Resolution No. 121312-62, A Resolution appointing Riley County representatives to advisory boards." McCulloh seconded. Carried 3-0.

9:15 Lyle Butler, Manhattan Area Chamber of Commerce

Johnette Shepek, Budget and Finance Officer; Craig

Cox, Assistant County Counselor; Laura Monsanto, KMAN; Leon Hobson, Public Works Director/County Engineer; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; and Ron Wells, attended.

Butler thanked McCulloh and Johnson for their service and support of the Chamber of Commerce.

Butler said year end statistics for retail and jobs continue to be strong. Butler said the City of Manhattan is the 8th largest city in Kansas, but has the 5th best draw for retail shopping in the state.

Butler invited the Riley County Commissioners and department heads to the Leader's Retreat in Overland Park, Kansas on January 18th and 19th.

9:33 Eileen King, Treasurer

Johnette Shepek, Budget and Finance Officer; Craig Cox, Assistant County Counselor; Laura Monsanto, KMAN; Leon Hobson, Public Works Director/County Engineer; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; and Ron Wells, attended.

King asked for permission to close the Treasurer's Office to the public at 12:00 (noon) on December 31, 2012 for year end processing.

Lewis moved to approve the closure of the Treasurer's Office to the public at 12:00 (noon) on December 31, 2012 for year end processing. McCulloh seconded. Carried 3-0.

King presented monthly financial reports.

Lewis moved to approve the payroll vouchers in the amount of \$272,858.40 and the following warrant vouchers for December 14, 2012:

2012 Budget County General	\$402,342.97
Health Department	83,403.56
Riley Co Juvenile Service	
5,931.09	
Motor Vehicle Operations	
11,818.87	
21st Jud Dist Teen Court	1,136.74
Riley Co Adult Services	6,857.36
Capital Improvements Fund	158,162.39
Emergency 911 55.70	
Solid Waste	18,129.42
County Building	31,690.00
RCPD Levy/Op	823,293.22
Resourceful KS Energy Grt	10,363.06
Landfill Closure	696.51
Riley Co Fire Dist #1	13,105.21
University Park W&S	3,886.63
Deep Creek Sewer	75.00
Moehlman Bottoms	75.00
Valleywood Operations	65.03

Terra Heights Sewer	749.71
Terra Heights Sinking	1,300.00
Konza Water Operations	80.00
Special - 34 Vista Acres St	
17.28	
Special - 24 Stony Br Stree	
19.12	
Special - 15 Terra Hts Swr	
30.34	
Special - 36 Lakeview Str	
33.26	
TOTAL . . .	\$1,573,317.47

McCulloh seconded. Carried 3-0.

Lewis moved to sign a Riley County Highway Use Permit for Twin Valley Telephone, Inc. to bury along Elk Court then along Patterson Drive to address 6024 Patterson Drive. McCulloh seconded. Carried 3-0.

9:45 Craig Cox, Assistant County Counselor Administrative Work Session

Johnette Shepek, Budget and Finance Officer; Laura Monsanto, KMAN; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; and Ron Wells, attended.

Cox discussed a bankruptcy that Riley County has collected \$11,600 in real estate taxes and \$1,300 personal property tax.

Cox discussed Core First Bank's foreclosure on RIM bankruptcy in Ogden.

Cox said Core First will attempt to sell eleven tracts of land at the director's sale.

Lewis moved to approve the minutes of December 10, 2012 as amended. McCulloh seconded. Carried 3-0.

10:20 Rich Vargo, County Clerk

Laura Monsanto, KMAN; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; Susie Kufahl, Health Department Director; and Ron Wells, attended.

Vargo presented the Riley County Clerk's Office 2012 accomplishments and 2013 goals.

10:35 Susie Kufahl, Health Department Director

Laura Monsanto, KMAN; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; Paul Foltz; Brad Schoen, Riley County Police Department Director; Eileen King, Treasurer; and Monty Wedel, Planning/Special Projects Director, attended.

Kufahl presented a Health Department staff update.

10:56 Leon Hobson, Public Works Director/County Engineer

Craig Cox, Assistant County Counselor; Johnette Shepek, Budget and Finance Officer; Laura Monsanto, KMAN; Mel Van Der Stelt; Bob Boyd; Julie Merklin, League of Women Voters; Maura Wery, Manhattan Mercury; Brad Schoen, Riley County Police Department Director; Eileen King, Treasurer; Gary Rosewicz, Assistant County Counselor; Robert Nall, IT/GIS Director; Greg McHenry, Appraiser; and Monty Wedel, Planning/Special Projects Director, attended.

Hobson presented the long range facility plan for the downtown Riley County offices as developed by Bowman, Bowman, and Novick as requested by the Riley County Commission.

Hobson asked for the Board to consider adopting the plan presented or giving staff direction on how to proceed with facilities planning.

McCulloh suggested the new board established after the first of the year provide the direction.

The Board agreed.

11:40 Leon Hobson, Public Works Director/County Engineer

Craig Cox, Assistant County Counselor; Johnette Shepek, Budget and Finance Officer; Laura Monsanto, KMAN; Mel Van Der Stelt;

Bob Boyd; Julie Merklin, League of Women Voters; Gary Rosewicz, Assistant County Counselor; Robert Nall, IT/GIS Director; and Lyndal Nyberg, League of Women Voters, attended.

Hobson said based on the current information and expenses, they are estimating a balance of approximately \$400,000 in the Public Works budget at the end of the year.

Hobson said while this is not a bad thing, the following are some of the reasons which contributed to this balance: Rod Meredith leaving Riley County and Hobson's illness, several projects did not get designed so they were not completed; several of the seasonal positions were not filled and some positions were only filled for 3 months; the lack of snow removal affected our overtime and de-icing line items; they under ran asphalt quantities on overlay project; they received more reimbursements than anticipated.

Hobson said the reimbursements are not guaranteed each year and it is difficult to predict the weather and its impact on several of the line items in the Public Works budget.

Hobson asked what does the Riley County Commission desire to do with the remaining balance in the Public Works 2012 Budget?

Let the funds rollover into the beginning cash balance at the end of the year

Move the funds to CIP

Purchase items listed below which are needed by the Public Works Department

Replace Fuel Station \$125,000

Replace all Public Works Computers \$55,000

Purchase packer for motor grader \$ 45,000

Replace 2 pickups for Engineering Techs. \$ 50,000

Provide standby power at the PW campus \$165,000

Replace all radios with high band

Replace tandem axle truck, snow plow, spreader \$175,000

Hobson stated the fuel station is the township priority.

Johnson moved to let the Public Works 2012 remaining budget authority rollover into the General Fund end of the year balance. McCulloh seconded. Carried 3-0.

Vargo suggested Hobson present a CIP fund activation form for the \$125,000 to replace the Public Works fuel station.

11:50 Recessed for lunch.

1:15 Johnette Shepek, Budget and Finance Officer

Craig Cox, Assistant County Counselor; Laura Monsanto, KMAN; and Greg McHenry, Appraiser, attended.

Shepek presented the 2012 budget amendments.

Summary of Amendments

2012 Adopted Budget

2012 Proposed Amendment

Fund Actual

Tax Rate Amount of Tax to be Levied

Expenditures Expenditures

Riley Co. Adult Services Fund 0,000 0

Capital Improvements Fund 0,000 0

2,556,253

4,531,984

RCPD Operations Fund

6,594 3,277,940

3,671,804 4,123,602

Landfill Closure Fund

0,000 0 30,000

33,832

Hunters Island Water Fund

0,000 0 27,105

35,219

Moehlman Bottoms Fund

0,000 0 15,951

26,127

Rural Fire District Fund

5,000 0 566,932

579,465

McCulloh moved to approve the 2012 budget amendments. Lewis seconded. Carried 3-0.

1:30 Executive Sessions to discuss department head evaluations

1:30 McCulloh moved that the County Commission recess into executive session pursuant to the non-elected

personnel matters exception to the Kansas Open Meetings Act in order to discuss a performance matter involving a county employee (Greg McHenry) and to protect the privacy of the employee, the open meeting to resume in the County Commission Chambers at 2:30 p.m. McCulloh seconded. Carried 3-0.

2:00 Lewis moved to go out of executive session. McCulloh seconded. Carried 3-0.

No binding action was taken during the executive session.

2:00 Lewis moved that the County Commission recess into executive session pursuant to the non-elected personnel matters exception to the Kansas Open Meetings Act in order to discuss a per-

formance matter involving a county employee (Leon Hobson) and to protect the privacy of the employee, the open meeting to resume in the County Commission Chambers at 2:30 p.m. McCulloh seconded. Carried 3-0.

2:34 Lewis moved to go out of executive session. Johnson seconded. Carried 3-0.

No binding action was taken during the executive session.

2:34 Eileen King, Treasurer King presented the Treasurer's Office 2012 accomplishments and 2013 goals.

2:54 Lewis moved to adjourn. McCulloh seconded. Carried 3-0.

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Free Press Big 12 Sports

5A

Kansas State Men's Basketball Schedule / Results

Date	Opponent / Event	Location	Time / Result
10/30/12	vs. Washburn #11	Bramlage Coliseum	W, 81-61
11/04/12	vs. Emporia State #1	Bramlage Coliseum	W, 81-51
11/09/12	vs. North Dakota #1	Bramlage Coliseum	W, 85-52
NIT Season Tip-Off Manhattan Regional			
11/12/12	vs. Lamar #1	Bramlage Coliseum	W, 79-55
Alabama-Huntsville vs. North Texas			
11/13/12	vs. Alabama-Huntsville #1	Bramlage Coliseum	W, 87-26
11/13/12	Lamar vs. North Texas	Bramlage Coliseum	
11/18/12	vs. North Florida	Bramlage Coliseum	W, 74-55
NIT Season Tip-Off			
11/21/12	vs. Delaware #1	Madison Square Garden	W, 66-63
11/23/12	vs. Michigan #1	Madison Square Garden	L, 57-71
12/02/12	vs. USC Upstate	Bramlage Coliseum	W, 72-53
12/08/12	at George Washington #1	Charles E. Smith Center	W, 65-62
State Farm Battle in Seattle			
12/15/12	vs. Gonzaga #1	KeyArena	L, 52-68
12/18/12	vs. Texas Southern	Bramlage Coliseum	W, 78-69
Hy-Vee Wildcat Classic			
12/22/12	vs. Florida #1	Sprint Center	W, 67-61
12/29/12	vs. UMKC	Bramlage Coliseum	6:00 PM CT
12/31/12	vs. South Dakota	Bramlage Coliseum	1:00 PM CT
01/05/13	vs. Oklahoma State #1	Bramlage Coliseum	12:30 PM CT
01/12/13	at West Virginia #1	WVU Coliseum	12:30 PM CT
01/16/13	at TCU #1	Daniel-Meyer Coliseum	8:00 PM CT
01/19/13	vs. Oklahoma #1	Bramlage Coliseum	3:00 PM CT
01/22/13	vs. Kansas #1	Bramlage Coliseum	7:00 PM CT
01/25/13	at Iowa State #1	Hilton Coliseum	12:30 PM CT
01/30/13	vs. Texas #1	Bramlage Coliseum	8:00 PM CT
02/02/13	at Oklahoma #1	Lloyd Noble Center	5:00 PM CT
02/05/13	at Texas Tech #1	United Spirit Arena	7:00 PM CT
02/09/13	vs. Iowa State #1	Bramlage Coliseum	5:00 PM CT
02/11/13	at Kansas #1	Allen Fieldhouse	8:00 PM CT
02/16/13	vs. Baylor #1	Bramlage Coliseum	6:00 PM CT
02/18/13	vs. West Virginia #1	Bramlage Coliseum	8:00 PM CT
02/23/13	at Texas #1	Erwin Center	7:00 PM CT
02/25/13	vs. Texas Tech #1	Bramlage Coliseum	6:00 PM CT
03/02/13	at Baylor #1	Ferrell Center	6:00 PM CT
03/05/13	vs. TCU #1	Bramlage Coliseum	7:00 PM CT
03/09/13	at Oklahoma State #1	Gallagher-Iba Arena	12:30 PM CT

Kansas State Women's Basketball Schedule / Results

Date	Opponent / Event	Location	Time / Result
11/01/12	vs. Fort Hays State #11	Bramlage Coliseum	W, 68-57
11/05/12	vs. Washburn #1	Bramlage Coliseum	W, 75-42
11/09/12	vs. Idaho State #1	Bramlage Coliseum	W, 62-54
11/11/12	vs. Arkansas-Pine Bluff #1	Bramlage Coliseum	W, 89-55
11/20/12	at Tennessee State	Nashville, Tenn.	W, 62-47
11/24/12	at Charlotte	Charlotte, N.C.	W, 67-63
11/30/12	vs. Mississippi Valley State #1	Bramlage Coliseum	W, 64-57
12/04/12	at Wichita State	Wichita, Kan.	W, 48-43
12/09/12	vs. South Dakota #1	Bramlage Coliseum	W, 68-54
12/16/12	vs. UTEP #1	Bramlage Coliseum	L, 50-52
World Vision Classic			
12/19/12	vs. Texas A&M	Las Vegas, Nev.	L, 83-60
12/20/12	vs. Notre Dame	Las Vegas, Nev.	L, 87-57
12/21/12	at UNLV	Las Vegas, Nev.	W, 80-54
12/29/12	at UC Santa Barbara	Santa Barbara, Calif.	4:00 p.m. CT
01/02/13	at Kansas * #1	Lawrence, Kan.	7:00 p.m. CT
01/05/13	vs. TCU * #1	Bramlage Coliseum	6:00 p.m. CT
01/09/13	at Texas Tech * #1	Lubbock, Texas	7:00 p.m. CT
01/12/13	vs. West Virginia * #1	Bramlage Coliseum	3:00 p.m. CT
01/16/13	vs. Baylor * #1	Bramlage Coliseum	7:00 p.m. CT
01/19/13	at TCU * #1	Fort Worth, Texas	7:00 p.m. CT
01/23/13	vs. Oklahoma State * #1	Bramlage Coliseum	7:00 p.m. CT
01/26/13	at Texas * #1	Austin, Texas	1:00 p.m. CT
02/02/13	vs. Kansas * #1	Bramlage Coliseum	2:00 p.m. CT
02/06/13	vs. Oklahoma * #1	Bramlage Coliseum	7:00 p.m. CT
02/09/13	at Iowa State * #1	Ames, Iowa	1:00 p.m. CT
02/13/13	vs. Texas * #1	Bramlage Coliseum	7:00 p.m. CT
02/16/13	at Oklahoma State * #1	Stillwater, Okla.	4:00 p.m. CT
02/20/13	at Oklahoma * #1	Norman, Okla.	7:00 p.m. CT
02/23/13	vs. Iowa State * #1	Bramlage Coliseum	2:00 p.m. CT
02/26/13	at West Virginia * #1	Morgantown, W.V.	6:00 p.m. CT
03/02/13	vs. Texas Tech * #1	Bramlage Coliseum	12:30 p.m. CT
03/04/13	at Baylor * #1	Waco, Texas	7:00 p.m. CT
2013 Phillips 66 Big 12 Championships			
03/08/13	First Round	Dallas, Texas	TBA
03/09/13	Quarterfinals	Dallas, Texas	TBA
03/10/13	Semifinals	Dallas, Texas	TBA
03/11/13	Championship	Dallas, Texas	TBA

Big 12 Men's Standings

Team	Big 12	Overall
Kansas	0-0	10-1
Oklahoma State	0-0	10-1
Kansas State	0-0	9-2
Iowa State	0-0	9-3
Baylor	0-0	8-3
Oklahoma	0-0	7-3
TCU	0-0	8-4
Texas	0-0	7-5
Texas Tech	0-0	5-4
West Virginia	0-0	6-5

Big 12 Women's Standings

Team	Big 12	Overall
Oklahoma State	0-0	9-0
Baylor	0-0	9-1
Iowa State	0-0	7-1
Kansas	0-0	9-2
Oklahoma	0-0	9-2
Texas Tech	0-0	9-2
West Virginia	0-0	8-2
Texas	0-0	7-2
Kansas State	0-0	8-3
TCU	0-0	6-4

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McGruder Named Phillips 66 Big 12 Player of the Week

K-State Sports Information

MANHATTAN, Kan. — Senior Rodney McGruder earned Phillips 66 Big 12 Player of the Week honors for the second time in three weeks on Monday after helping Kansas State to a pair of wins last week.

McGruder averaged a team-best 19.5 points on 55.2 percent shooting (16-of-29) with 4.0 rebounds, 3.0 assists and 1.5 steals in 36 minutes in the wins over Texas Southern and No. 8/9 Florida. He also connected on 7-of-10 from the free throw line, including a 5-of-6 effort in the win over the Gators.

McGruder opened the week with a season-high 26 points in the win over Texas Southern on Dec. 18 on 12-of-17 field goals to go with three assists, two rebounds and one steal in 34 minutes. It was 15th career 20-point scoring game, while the 12 field goals were a career-high. He was solid all-around in the 67-61 win over No. 8/9 Florida in the Hy-Vee Wildcat Classic on Saturday at the Sprint Center, the Wildcats' first regular-season, non-conference Top 10 win since knocking off No. 8 Minnesota at home, 62-52, on Dec. 21, 1981. Overall, it was just the 12th non-conference Top 10 win in school history, including the seventh in the regular season. Playing 38 minutes, he posted 13 points, six rebounds, three assists and two steals against the Gators.

McGruder earns the award for the third time in his career and the second time this season after winning it on Dec. 10 with his double-double effort in the road victory over George Washington. He was also named the weekly award



K-State's Rodney McGruder (22) was named Big 12 Player of the Week for the second time this year. (Photo by Ben Brake)

winner on Dec. 26, 2011 after his MVP performance at the Hawaiian Airlines Diamond Head Classic.

One of just eight Wildcats with 1,100 points and 500 rebounds in a career, McGruder paces two players in double figures with a team-high 13.3 points per game on 41.4 per-

cent shooting with 5.3 rebounds and 2.1 assists in 28.7 minutes per game. He has a team-tying seven double-figure scoring games (and two 20-point outings), all of which have come in the last nine games.

The Wildcats (9-2) conclude the non-conference slate with

two home games in a three-day span against UMKC (4-8) on Saturday, Dec. 29 and South Dakota (5-8) on Monday, Dec. 31 before opening the Big 12 schedule against nationally-ranked Oklahoma State (10-1) on Saturday, Jan. 5.

Lady Cats Downed By No. 5 Notre Dame

K-State Sports Information

LAS VEGAS, Nev. — Fifth-ranked Notre Dame foiled K-State's bid to end its recent downturn by besting the Wildcats 87-57 Thursday night at the World Vision Classic, extending K-State's losing streak to three straight after opening the season with seven consecutive wins.

K-State (7-3) had three players reach double figures for the second straight game and was led by senior All-America candidate Brittany Chambers with 18 points and seven rebounds despite a high ankle sprain she suffered against UTEP on Sunday. With her output on Thursday, the guard from Jordan, Minn., moved into eighth place on K-State's career scoring list with 1,559 points passing Tammie Romstad (1978-82; 1,548).

Joining Chambers in double figures were sophomore Haley Texada and Ashia Woods. Texada tallied 11 points, while Woods carded 10 points and five rebounds.

For the 10th straight game this season, K-State reached double figures in steals with 12 for the night. For the season, the Wildcats have 120 steals, or 12.0 per game.

Notre Dame (8-1) had five players score in double figures, led by consensus All-American Skylar Diggins with a game-high 22 points and eight assists. Joining Diggins in twin figures were Natalie Achonwa with 13 points, while Kayla McBride added 12 and Ariel Braker and Kaila Turner each chipped in with 11.

Notre Dame forced the



K-State's Mariah White

Wildcats into seven turnovers in the first six minutes, scoring 11 points off those errors including eight in transition to take a 17-5 lead. The Fighting Irish were led during this stretch by Diggins with 11 points.

The Fighting Irish built their lead to 21 at 41-19 with 4:12 remaining in the half. Consecutive three-point field goals from Texada and Kendra Spreser narrowed the deficit to 41-25 with 2:17 to play. Notre Dame built the lead back to 24, 49-25, before halftime with a 7-0 run capped by a Turner three-pointer before the halftime buzzer.

K-State was able to bring the contest to within 21 points following a Chantay Caron three-point play with 11:54 remaining in the second half, but Notre Dame proved too strong and built its lead to as many as 31 with under four minutes to play.

Chambers, Craig Lead K-State To 80-54 Win

K-State Sports Information

LAS VEGAS, Nev. — In a rematch of the 2011 BTI Invitational final, Kansas State faced UNLV on Friday evening at the World Vision Classic. The Wildcats avenged last season's loss to the Runnin' Rebels with a 80-54 win to close out its week at the Cox Pavilion. With the win, K-State ended a three-game losing streak.

K-State (8-3) was led on Friday by senior and All-America candidate Brittany Chambers with 28 points and a

career-high 15 rebounds. Chambers, still playing with a high ankle sprain from the Dec. 16 game against UTEP, carded her 10th career double-double and third this season by halftime, as she had 11 points and 11 rebounds at the break.

She has scored 20 or more points in five games this season and K-State has now won 18 straight games when Chambers scores 20 or more points in a game. Chambers also added 5 assists and four steals to her final stat line.

Joining Chambers in double figures was freshman Bri Craig. Craig tallied a career-high 15 points and reached double figures for the fourth time in the last five games.

For the 11th straight game this season, K-State reached double figures in steals with a season-high 18. For the season, the Wildcats have 138 steals which are the most through 11 games in the Deb Patterson era.

After the Runnin' Rebels narrowed K-State's early lead to one, 13-12, with 11:39

remaining in the first half, the Wildcats strung together a 20-4 run to secure a 33-16 lead at the half. During the run, K-State's defense held UNLV without a basket for seven minutes.

Chambers jump started the run with consecutive three-point field goals, followed by four points from Caron. Ashlynn Knoll helped cap the run with four points, two on a turnaround jumper and another two on a coast to coast steal and layup with 6:15 to play. The Wildcats carded 11 fast break

points in the opening stanza and 19 for the game.

Chambers and Craig carded the first 12 points of the second for the Wildcats. Chambers opened the half with back-to-back jumpers, while Craig drained eight straight points, including consecutive three-point field goals to boost K-State's lead to 45-22 with 15:04 to play.

The Wildcats built a 26-point advantage, as Mariah White and Haley Texada each carded consecutive corner three-point

field goals to raise K-State's lead to 65-39, with under five minutes to play.

Kansas State will have a brief break for the holidays, before returning to action on Saturday, Dec. 29 at UC Santa Barbara at 4 p.m. (CT). K-State's game against the Gauchos will be available on the K-State Sports Network with updates available on the official K-State Gameday account on Twitter (@kstate_gameday).

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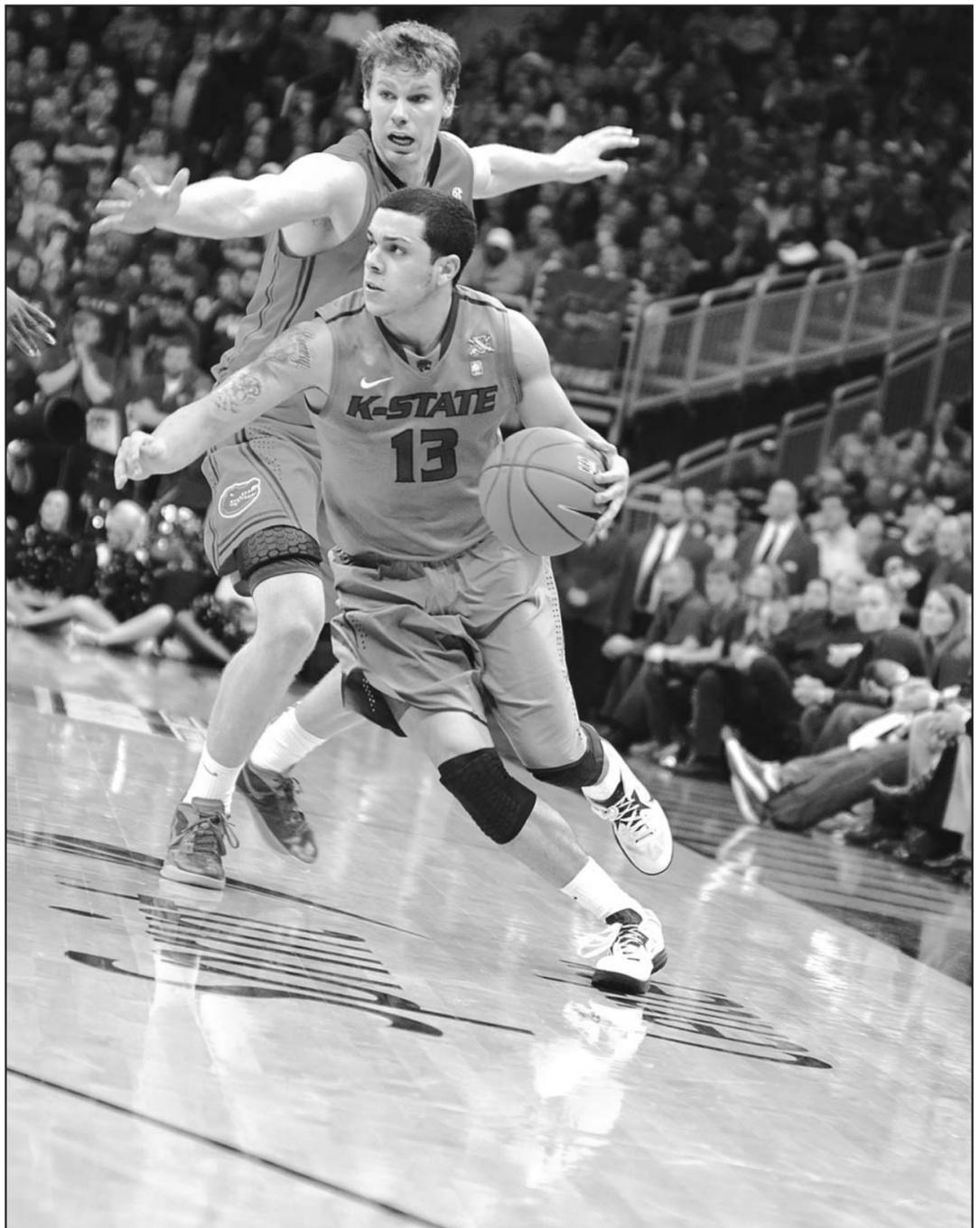
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Kansas State Downs Florida, Breaks AP Top 25



Rodney McGruder (22) took home Big 12 honors after his play against Florida.



It's hard for a bigger man to keep up with K-State's Guard Angel Rodriguez (13).



Kansas State Head Basketball Coach Bruce Weber takes in the whole game walking the sideline encouraging his players and giving directions for the next play. (Photos by Ben Brake)



Kansas States Will Spradling (55) drives the middle and looks for the basket or for someone open to dump off to.

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Wildcats Down No. 8 Gators, 67-61

K-State Sports Information

KANSAS CITY, Mo. - It was a big night for K-State fans at the Sprint Center on Saturday night as they witnessed something the Wildcats had not done since 1981. Junior Will Spradling had a season-best 17 points, as he helped lead the Wildcats to a 67-61 victory No.8 Florida. The victory marked K-State's first nonconference win over a Top 10 team in the regular season since defeating No. 8 Minnesota on Dec. 21, 1981.

Rodney McGruder also ended the night in double digit scoring, finishing with 13 as he hit key free throws down the stretch. Jordan Henriquez had a strong night off the bench to give the Wildcats an emotional charge with nine points, six rebounds and five blocks.

The opening half was a see-saw battle, with both teams going back-and-forth. K-State (9-2) jumped out to a quick 7-3 lead after Spradling knocked down his first 3-pointer of the night. Florida (8-2) would quickly answer with seven straight to take a 10-7 advantage. With the Gators holding a two-point lead, Angel Rodriguez answered with a big 3-pointer to give the Wildcats a 20-19 lead with 7:29 left in the period. K-State would build on its lead and go into halftime holding a 33-23 lead.

The second half saw the Gators change the momentum, quickly cutting the Wildcats lead to one with 16:15 remaining. Rodriguez once again answered the Gators' scoring with another 3-point shot to give K-State a 39-35 lead. Florida would go on to tie the game at 41 apiece after back-to-back 3-pointers, but a Martavious Irving's trey gave the Wildcats the lead for good. K-State controlled possession on its way to the win, and Henriquez provided a defensive presence underneath with four of his blocks coming in the second half. Patric Young led Florida with 19 points and 10 rebounds.

K-State's depth was the difference maker, as the Wildcat reserves outscored their Florida counterparts, 21-7. The Wildcats also outrebounded



Kansas State Guard Will Spradling (55) lays one in. (Photos by Ben Brake)

Florida 36-27, including 25 on the defensive end that limited the Gators to only 10 second chance points.

The Wildcats return to action on Dec.29, as they host UMKC in Manhattan. The game can be seen live on Fox Sports Kansas City, with a tipoff time of 6 p.m.

Postgame Quotes K-State vs. No. 8 Florida

Quotes Head Coach Bruce Weber Opening Statement...
"That was a heck of an effort

by our guys. The thing is, we had to compete for 40 minutes just to give ourselves a chance. Against Michigan and Gonzaga, we competed for 20 minutes and we did not have the greatest second half tonight, either. During that timeout when they made a little run, I said 'We have been here before.' We were like this in Brazil, where you get to a point where the other team comes at you and do you lay down or do you step up? We had to guard and we had to rebound.

Whether the shots go in or not, you still have to do the things and you cannot break down. Billy Donovan said that we held them to the lowest point total of the year. The magic level of playing before the crowd energized, we made shots, which was a great confidence booster for everybody. We only had 10 turnovers which was a positive thing for us against a very, very good defense. We had a lot of guys step up. Obviously, Jordan Henriquez had some struggles

but he came out tonight and played with great energy and not only blocked shots, but he made some big, big plays for us. Obviously, Will Spradling was hot early. I thought our movement hurt them. Martavious Irving had two big 3-pointers. I thought that was huge and I thought that he really competed on the defensive end."

On team's performance...
"For Will, as far as somebody as picked up our system, he has done the best job. He has a great feel of what we want. I thought he got moving tonight. We talk about the magic level and he got moving a little and he hit a couple shots and after that, you just start feeling good about yourself. I think that is ironic that he missed some free throws but Jordan finally made one, so I guess you have got to take that. You would like to see Will make them all but it was nice to see Jordan make them. I also thought that Martavious made a couple of big shots and I thought Rodney really competed and brought it up. We have been really on them in practice to compete everyday and that is the only way that you can get better. We are starting to see a little bit of light, but there is a long way to go. This is one win. There is no doubt that the crowd energized us. You got out there and you see all of the purple and the noise, it was a good all-around team win."

Senior Center Jordan Henriquez On playing relaxed...

"I have been struggling lately and I just went out there and left it all on the floor. Coach has told me since the day he got here, that I have to be consistent and that has what I have been dealing with. Tonight, I just went out and played my heart out."

On his defensive performance tonight...

"I love blocking shots and protecting the rim. It helps our team in transition to get out and get fast breaks and have good offensive opportunities."

Senior Forward Rodney McGruder On the team's performance...

"It is big time. We know that we can compete with the best and beat them. This win is a great confidence builder."

On tonight's win over Florida...

"I do believe that we competed. Coach gave us a great motivational speech before the game and we let each other down the past couple times that we have played against Top 25 teams, so we did not want to have another meltdown like that. So we challenged one another to go out there and compete for 40 minutes."

Junior Guard Will Spradling On his early shooting success

"It brought energy. Whenever you are shooting it well and you see the ball go through the net, it brings confidence to yourself and to your teammates. You saw Martavious shooting it well too and that just brings confidence to the team."

On his performance in tonight's game...

"It was probably my best all-around performance that I have had. I did not have any turnovers and I played 39 minutes. I had a solid game."

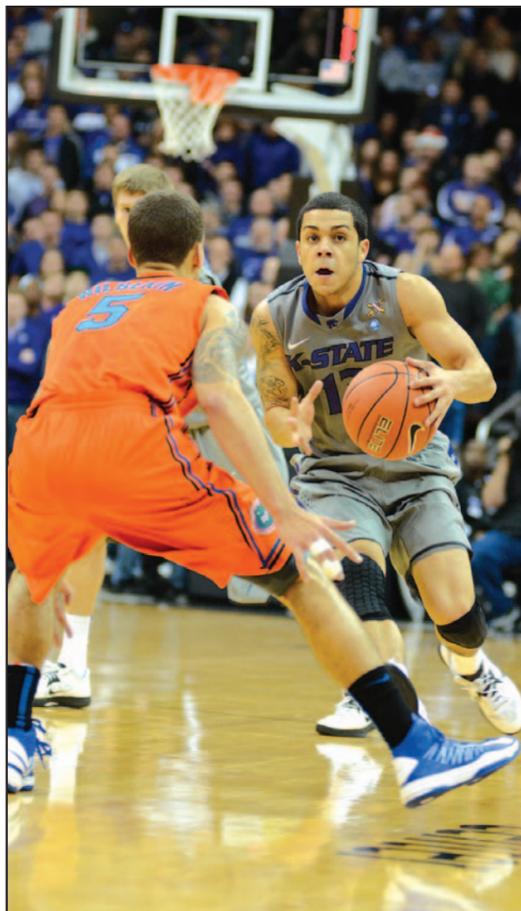
Florida Head Coach Billy Donovan

On Patric Young's foul trouble....

"No, not really. He got 19 points in the game, and I thought he played a very good game. I thought it was really our team that did not play at the level we needed to to beat Kansas State today. I thought that their kids played with great passion and great energy, and they played very hard. They made key plays and key rebounds in crucial situations, I thought, in the second half. I did not necessarily think that Pat's (Young) foul trouble had anything to do with it. For the amount of minutes he was out there, he would have only had four or five more minutes, and he is probably not going to play any more than that. He is probably a guy that is going to play between 28 and 30 minutes just from a fatigue standpoint. So, I do not think that played much of a factor in the game."



K-State's Martavious Irving (3) mixes it up with the big boys.



Angel Rodriguez (13) looks for the cutter.



Now all that Thomas Gipson (42) has to do is jump straight up and he will be fouled in the act of shooting.

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